#### CANCER TYPE | EXPECTATIONS SETTING **GYN** HEAD / Colo-**Prostate Breast** Lung Cancer **NECK** Rectal Cancer Cancer CANCER THERAPY/TREATMENT TYPE CHEMO-HORMONE **RADIATION SURGERY** THERAPY THERAPY SIDE EFFECTS OF SPECIFIC THERAPY Erectile Nerve Damage Weight Gain/Loss Hormone Changes Lymphedema Ostomy Dysfunction Pain w/ Ejaculation Hair Loss Mucositis Lymph node Loss of Limb Stenosis Loss of Loss of sex organ removal sensitivity Pain Problems w/ memory Bowel and concentration Inability to have Urinary Fatigue Decreased Stamina Incontinence intercourse Incontinence Some of the QOL Impacts of side effects (listed above) Psychological/Emotional Physical/Functional **Physiological** Relationally Socially

Inability to get erection Movement Ostomy Medications Depression Anxiety

Self Esteem Body image issues Feel less feminine/masculine Communication Change in roles/expectations Sexual scripts Isolation More dependent

## THE

### **DECREASED DESIRE**

ANXIETY RELATED TO CANCER
FATIGUE
CANCER RELATED STRESS
BODY IMAGE PROBLEMS
FEAR THAT CANCER CONTAIGIOUS/RECURRENCE
MEMORY AND CONCENTRATION PROBLEMS



### **PAINFUL SEX**

NERVE DAMAGE
VULVOVAGINAL ATROPHY
VAGINAL STENOSIS
INABILITY FOR PENETRATION
PAIN WITH GENITAL TOUCH
VULNERABILITY TO INFECTION
PELVIC FLOOR HYPERTONUS
VAGINISMUS

# SEXUAL DISORDERS and PAIN/PENETRATION DIFFICULTIES

## UNSATISFYING ENCOUNTER

PARTNER ROLE/CHANGE CAREGIVING
PARTNER ROLE UNCERTAINTY
PARTNER FEAR OF HARMING
PARTNER STRESS
SEXUAL SCRIP UNCERTAINTY
EXCESSIVE FOCUS ON INTERCOURSE/
ORGASM
UNRESOLVED RELATIONAL CONFLICT

### STIMULATION PROBLEMS

DECREASED STAMINA
SKIN SENSITIVITY CHANGES
SEXUAL SCRIPT CHANGES
PARTNER SEXUAL DYSFUNCTION
PARTNER COMMUNICATION PROBLEMS

### **DECREASED ORGASM**

LOSS OF GENITAL SKIN SENSIVITY
GENITAL SKIN HYPERSENSITIVITY
PARTNER COMMUNICATION PROBLEMS
NUMBNESS
ANTIDEPRESSANT THERAPY EFFECT

### DECREASED AROUSAL

DECREASED LUBRICATION HORMONE CHANGE

Control with parmission

Adapted from Phillips. Am Fam Physician 2000;62(1):127-36

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