**St. Anthony’s Sexual Health and Cancer**

**Roadmap for Referrals**

11/2020

Cheri Theulen, RN, BSN, OCN and Jessica Borkowski, RN, BSN, OCN

**Mental Health Providers**

-Specifically welcome individuals and couples with sexual health problems who have been impacted by cancer.

-Only offices that responded to our calls are listed.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Organization**  **(alphabetical)** | **For appointments**  **call** | **Contact info** | **Accepts insurance?** | **Serve un-insured?** | **Welcome LGBTQ clients:**  **Official non-discrimination policy/word of mouth?** | **Religious affiliation?** | **Notes** |
| **Catholic Charities** | (712)792-9597 | Office manager: Jackie Werner  MS, LMSW: Tina Zanders  LISW, ACSW: Doreen M. Loeffelholz | Welcome donations; low-cost; Sliding fee scale | Y | Y | Y | Non-Catholics welcome.  Offices in Carroll, Storm Lake, Fort Dodge, Spencer, Algona, Sioux City. |
| **Joseli Alves-Dunkerson, Relationship And Intimacy** | (515)505-8313 | Joseli Alves-Dunkerson, LMFT, Certified Sex Therapist |  |  | Y | N |  |
| **New Opportunities** | (712)792-9266 | Head RN: Vicki Steffes  SW: Paula Klocke  ARNP: Anise Irlmier  ARNP: Carol Klocke | Y | Y | Y | N | Also have offices in surrounding counties. |
| **Plaines Area Mental Health** | (712)792-2991 | Clinical Supervisor:  Glenna Nockels, LISW | Y | Y | Y | N | Telehealth counseling available. |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

SW=Social Worker

**Pelvic Floor Physical Therapists**

-Some PTs have additional education and/or certification in pelvic floor physical therapy.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Center or Office** | **For appointments call** | **Contact,**  **type of pelvic health certification beyond PT** | **Welcome LGBTQ clients:**  **Official non- discrimination policy/word of mouth?** | **Treat pelvic pain: females only/ males only/ both** | **Prosta- tectomy**  **pre-habilita-tion?** | **Vaginal**  **dilator**  **instruc-tion/**  **support** | **Notes** |
| **St. Anthony Regional Hospital** | (712)794-2222 | Director: Jeff Aden, PT  PT: Sheri Wanninger | Y | Y-both | Y | Y |  |
| **Greene County Medical Center** | (515)386-2114 | PT: Jaime Rabe  PT: Danielle Weber | Y | Y-Female, possibly male in future | Y | Y |  |
| **Crawford County Memorial Hospital** | (712)265-2500 | DPT: Kelly Wieman | Y | Y-both | Y | Y |  |
| **Stewart Memorial Hospital** | (800)262-2614 | PT: Ann Riat |  | Y | Y | Y |  |
|  |  |  |  |  |  |  |  |

PT=Physical Therapist

DPT=Doctor of Physical Therapy

**Physical Therapists**

-Some PTs do not have a focus on pelvic floor/pelvic pain/sexual health, but welcome people impacted by cancer who have other post-treatment problems that limit function, range of motion, or ability to exercise. These can affect health, energy level, and body image.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Center or Office** | **For appointments call** | **Contact** | **Focus on cancer and rehabilitation?**  (eg: lymphedema treatment) | **Welcome LGBTQ clients:**  **Official non-discrimination policy/word of mouth?** | **Notes** |
| **St. Anthony Regional Hospital** | 712-794-2222 | Director: Jeff Aden, PT | Y | Y | Lymphedema treatment |
| **Crawford County Memorial Hospital** | (712)265-2500 | DPT: Kelly Wieman | Y | Y | Lymphedema treatment. Also provide pain (such as shoulder and back pain) or weakness issues associated with chemotherapy or radiation. |
| **Greene County Medical Center** | (515)386-2114 | PT: Jaime Rabe  PT: Danielle Weber | Y | Y | Lymphedema treatment |
| **Stewart Memorial Hospital** | (800)262-2614 | PT: Ann Riat | Y |  | Lymphedema treatment |
|  |  |  |  |  |  |

**Ostomy Experts**

-Some ostomy experts are more comfortable than others in providing sexual health advise.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Center or Office** | **For appointments call** | **Contact** | **Welcomes couples?** | **Welcomes sexual health concerns?** | **Welcomes LGBTQ clients?** |  | **Notes** |
| **St. Anthony Regional Hospital** | 712-794-5901 | Janell Schoenfeld | Y | Y | Y |  | Requires referral from physician. |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

**Gynecologists, Family Practice, and Advanced Practice Professionals (APPs)**

-Not all providers perform pain-focused pelvic exams.

-A pain-focused pelvic exam is recommended before referral to PT for pelvic floor and/or sexual health problems.

-An abuse/battering assessment is recommended before referral to a mental health professional. If abuse is endorsed, refer the individual, not the couple.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Center or Office** | **For appointments call** | **Contact** | **Performs pain-focused pelvic exam?** | **Performs wet mount?** | **Welcomes LGBTQ clients?** |  | **Notes** |
| **St. Anthony Clinic** | (712)794-5531 | Dr. Nelson Lo, GYN | Y | Y | Y |  |  |
|  | (712)794-5531 | Dr. Charles Svensson, GYN |  | Y | Y |  |  |
|  | (712)794-5531 | Barb Boldt, PA-C |  | Y | Y |  |  |
|  | (712)794-5531 | Shelly Diehl, PA-C |  | Y | Y |  |  |
|  | (712)653-2211 | Michelle Kroger, ARNP |  | Y | Y |  |  |
|  | (712)794-5700 | Dr. Maria Hernandez | Y | Y | Y |  |  |
| **St. Anthony Cancer Center** | (712)794-5572 | Katie Nelson, RN, Oncology Nurse Navigator | N | N | Y |  | Oncology Nurse Navigator with interest in sexual health |
| **McFarland Clinic** | (712)792-1500 | Sue Stork, RN, Nurse Manager |  |  | Y |  | Various provider availability with different skills |
| **UIHC**  **Menopause and Sexual Health clinic** | (319) 356-2294 | Elizabeth Graf, PA-C  elizabeth-graf@uiowa.edu | Y | Y | Y  (provides hormonal care for transgender clients) |  | Dodge Street Clinic |
|  | (319) 356-2294 | Eugenia Mazur, MD  eugenia-mazur@uiowa.edu | Y | Y | Y  (focus on chronic pelvic pain) |  | UIHC clinic |
|  | (319) 356-2294 | Sarah Shaffer, DO  sarah-s-shaffer@uiowa.edu | Y | Y | Y |  | Iowa River Landing  (focus on vulvar and vaginal diseases, BRCA) |

**Gynecologic Oncologist**

-Some gyn-oncologists have a special interest or additional training in sexual health.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Center or Office** | **For appointments call** | **Contact** | **Welcomes couples?** | **Welcomes sexual health concerns?** | **Welcomes LGBTQ clients?** | **Surgical treatment of vaginal stenosis?** | **Notes** |
| **UIHC Gyn Oncology** | (319)356-2015 | Emily Hill, MD  emily-k-hill@uiowa.edu | Y | Y | Y | Y  (in collaboration with gynurologist Dr. Bradley) | Collaborator in All of Me sexual health pilot study |
|  |  |  |  |  |  |  |  |

**Urogynecologist**

Do they accept referrals for surgical management of post Radiation Therapy vaginal stenosis?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **For appointments call** | **Contact** | **Surgical treatment**  **of vaginal stenosis?** | **Welcomes LGBTQ clients?** |  | **Notes** |
| **St. Anthony’s** | (712)794-5700 | Dr. Maria Hernandez | Y | Y |  |  |
| **UIHC** | (800)777-8442 | Dr. Cate Bradley | Y  (in  collaboration with Dr.  Emily Hill) | Y |  |  |

**Urologists**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **For appointments**  **call** | **Contact** | **Prostatectomy**  **Pre-habilitation?** | **Radical prosta-tectomy?** |  |  | **Notes** |
| **UIHC**  **Men’s Health Clinic** | (319)356-2421 | Amy Pearlman, MD |  |  |  |  | All of Me collaborator |
|  | (319)356-2421 | Brad Erickson, MD |  |  |  |  | Past All of Me collaborator |
|  | (800)777-8442 | Kiran Annam, ARNP |  |  |  |  | Past All of Me collaborator |

**Spiritual Services**

-Some providers of spiritual services are particularly welcoming of people or couples impacted by cancer who have sexual health problems.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Clinic or office** | **For appointment call** | **Contact** | **Will visit patient in the hospital?** | **Will see outpatients?** | **Notes** |
| **St. Anthony Regional Hospital** | (712)794-5898 | Angelo Luis | Y | Y | Will see as inpatient. Will see as outpatient if you are a patient of St. Anthony Cancer Center. If patient prefers certain religious backgrounds, can attempt to accommodate. |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**Cancer Support Groups**

-Some cancer support groups routinely include sexual health content.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Clinic or Office** | **To register, call** | **Contact** | **Name/topic**  (eg: breast cancer) | **Males only/**  **Females only/**  **Both welcome** | **Partner welcome?** | **Profes-**  **sionally**  **led?** | **Notes** |
| **St. Anthony Cancer Center** | (712)794-5572 | Katie Nelson, RN, BSN, Oncology Nurse Navigator | Various | Both | Y | Y | Oncology Nurse Navigator with interest in sexual health |

This list is a work in progress and was created in collaboration with All of Me Iowa, an educational project funded by the Iowa Cancer Consortium [www.allofmeiowa.org](http://www.allofmeiowa.org). It will need to be updated annually. Please share additional resources and any challenges with referrals with Jessica Borkowski, RN, BSN, OCN (JBorkowski@stanthonyhospital.org).